



September 2020 Newsletter

Welcome to our latest newsletter. We hope you are all well and are still continuing to keep safe during this uncertain time.

As you know many of our regular activities were put on hold due to COVID 19, however with the recent relaxations and following guidance from the Government, we have been able to resume some of our much loved activities, but with additional procedures in place.

We are please that we have also managed to remain COVID FREE. We thank you for your help in this, and of course our wonderful team who have been working so hard to keep everyone safe.



The sun has been shining

We are so pleased that the sun has been shining and from 24th July we were able to resume our mini bus trips.

Although we now take fewer residents out per trip to comply with distancing regulations, we've very much enjoyed being able to get back outside and see the different sights across East Devon. We have been deep cleaning and sanitise the mini bus thoroughly before and after each trip, and unfortunately at this time we can't allow the residents to get off the bus, however we've been so blessed with the recent lovely weather we've had the doors wide open and have been able to feel the sun and sea breeze and enjoy an ice cream, or two! Here are a few photos of our recent outings.



This is us visiting Exmouth seafront to breathe in all that fresh sea air. It felt so good, and the ice creams were pretty delicious too!

One of our favourite mini bus trips - Greendale farm to see the animals. We love to be able to see what the animals are up to and enjoy a cup of tea or coffee from the cafe.



It's great to have Deborah back...

Our wonderful activities coordinator Deborah has been back at the home with our lovely residents. Deborah was shielding during lockdown, so our teams at the home pick up some of the activities - thank you guys. We are very pleased to have Deborah back with us, as are the residents.

They all had a wonderful reunion, it was lovely to see each other again 💜

They have been playing games of snakes and ladders, bowls in the day room, general knowledge quizzes, darts, bingo and so much more.



'New' visiting room will make a huge difference ...

Visits to the home have had to change over the recent months, first we couldn't have any external visitors and currently visits are with limited available space to ensure we can comply with social distance guidelines. However, we are very pleased that work has commenced on a new 'Visiting Room'. Situated in the space that was the old laundry area and homecare office (we are extending the laundry into the homecare office). The space is being renovated and extended to provide a great visiting room for comprehensive infection control. Residents will enter from one side and visitors from the other, there will be screens between residents and visitors, with hand washing facilities and sanitiser stations. We are looking for this to be completed mid to late September.

A fizzy great time...





In the midst of lockdown, our team did an amazing job of providing a great variety of interesting and fun activities. One of the most popular (and even got us on the front page of the local paper!) was our bath bomb making experience.

Supporting a much loved local business, Mrs Snuggles Workshop in Exmouth, we watched Mrs Snuggles 'virtually' on a pre recorded video, and were then able to take part in the interactive bath bomb making session all together.

Philip said "All the team here at the home have been working so hard and have been pulling out all the stops to keep our residents safe and entertained. Our Manager Sally came up with the idea of inviting Mrs Snuggles to host a virtual bath bomb making experience. We know how important it is to support local businesses at the moment and this was the perfect opportunity to do just that and provide a great afternoon for our residents too.

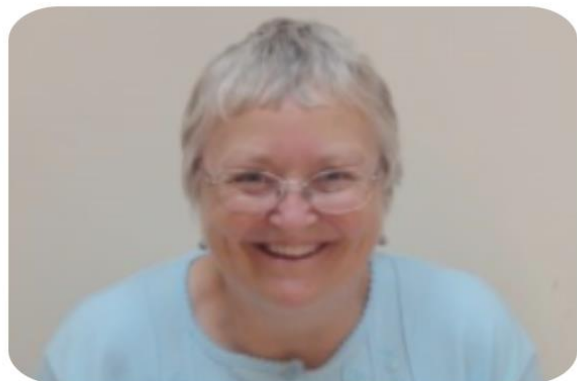
"It was such a fun and creative time for all of us. We all loved getting stuck in and creating some amazing bath bombs, the smell was divine! It really made everyone smile."

After making the bath bombs, the residents wrapped them up and wrote a personal message to send to their loved ones who they've not been able to see due to COIVD. It was lovely for both our residents and their families.



Happy retirement to Rosie Jones...

One of our much loved members of the team has recently retired. Rosie Jones would often be seen in the home taking activity sessions and doing lots of arts and crafts in the afternoons with the residents. We all wish you a happy retirement.



Lastly, we'd like to give another big THANK YOU to all of our staff who have been working so hard, to our residents who are coping well under the circumstances, and of course to you for your understanding and support.

Stay safe,
Philip and Sally 😊